

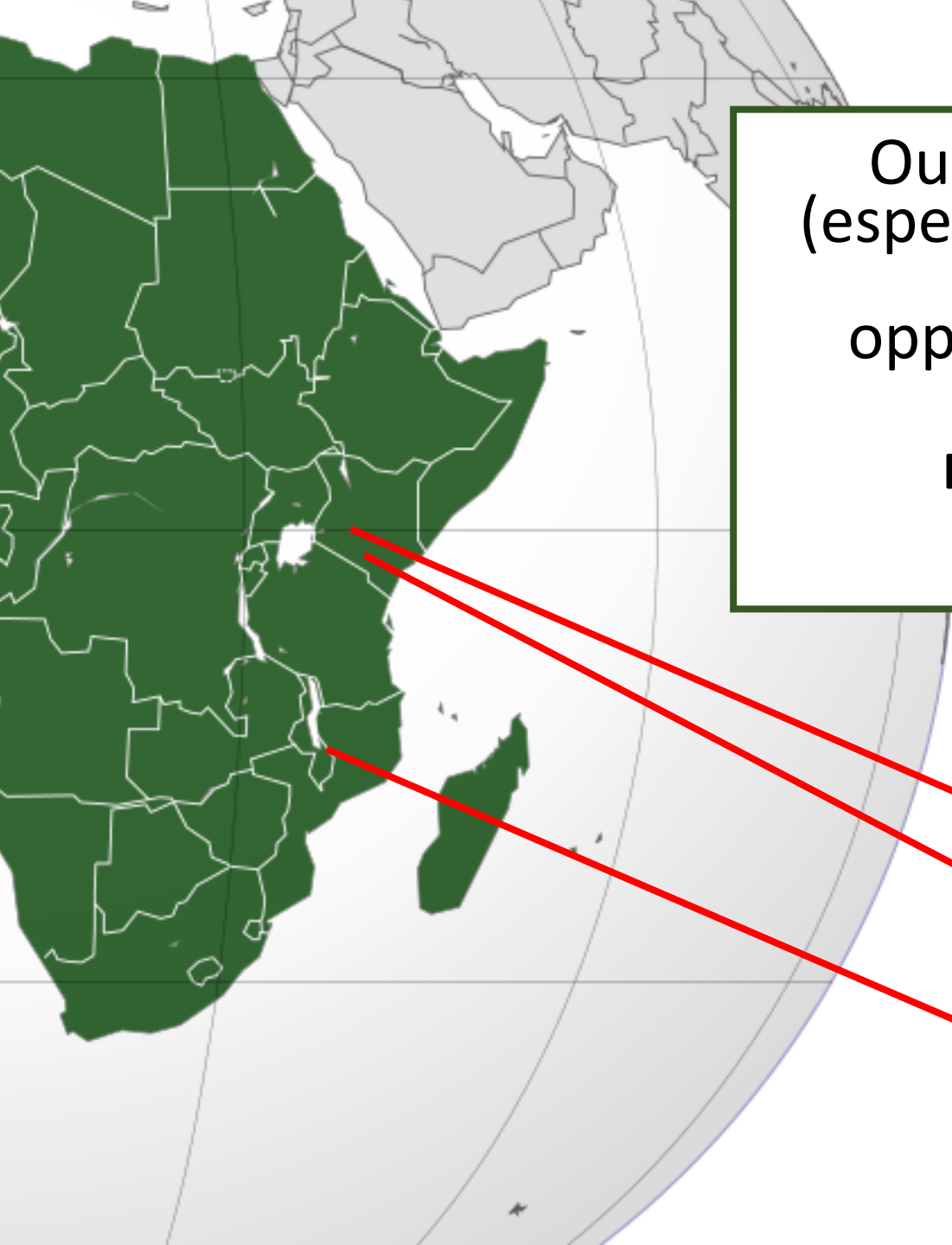


celebrating
25
YEARS



Warm
Hearts
FOUNDATION

A small force for peace and compassion since 2000.



Our goal is to improve the lives of people (especially women and girls) with clean water, healthy maternities, educational opportunities, and projects leading to self-sufficiency.

Being careful not to do harm in the process.

We work in the poor areas of

- Kakamega Kenya
- Kibera and Soweto slums of Nairobi, Kenya
- Rural Mangochi Malawi

Malawi – “The Warm Heart of Africa”

- Wonderful, Faithful, Happy People
- One of the world’s poorest countries
- Near Tanzania, Zambia, Mozambique
- 19.6 m people, Lilongwe– 1.1 m
- Infant mortality 38.6/k, Life Exp 65yrs
- Subsistence farmers of corn, soybeans
- Largest export is tobacco, import food





Sustainable Development

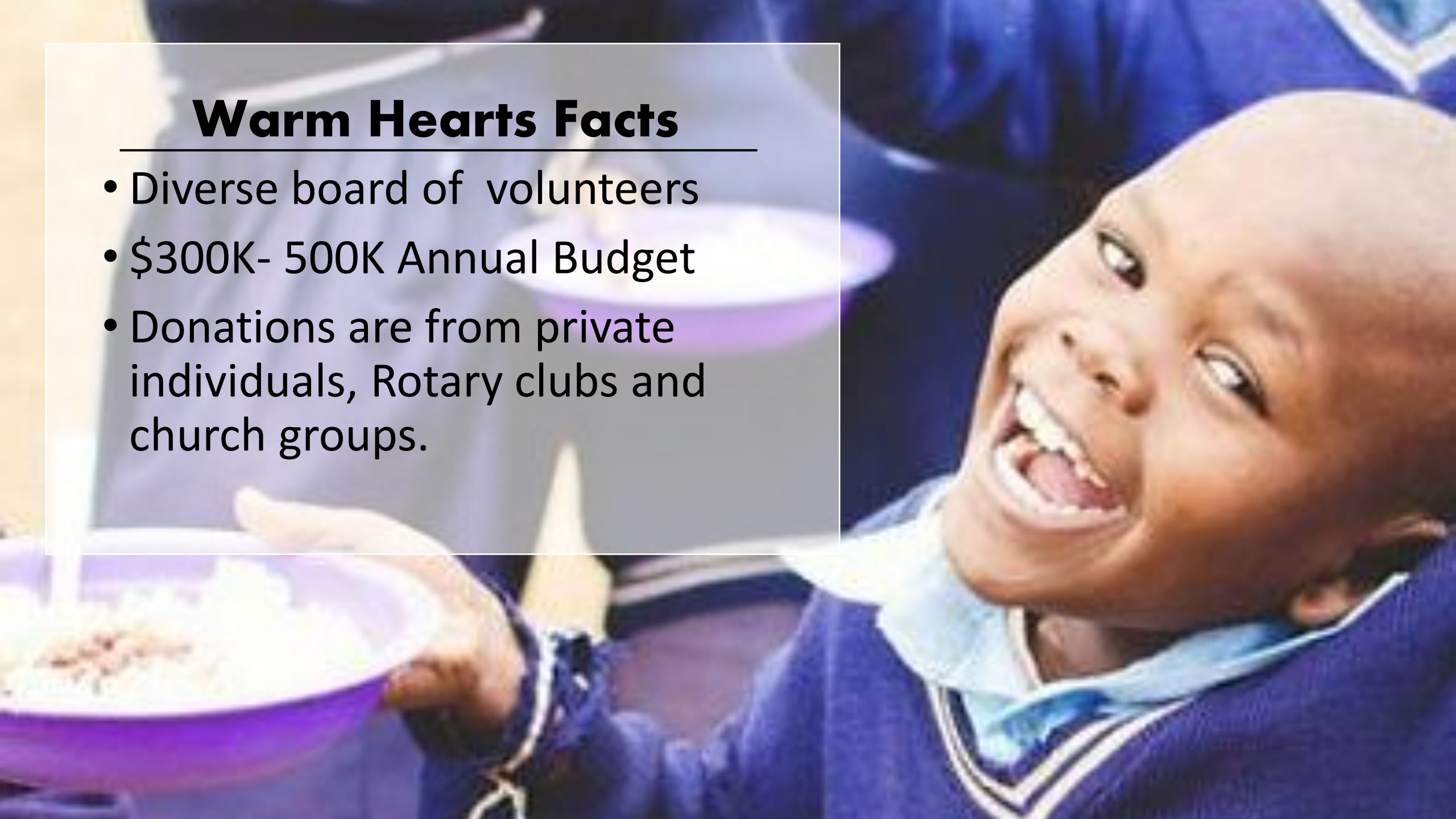
We try hard to follow the **UN Guidelines on Sustainable Development** to provide a more **holistic** approach to solving the problem of acute poverty.

We also try to emulate the examples given in such books as “Moment of Lift” by **Melissa Gates** and “If I Had a Water Buffalo” by **Marilyn Fitzgerald**.

We are **NOT** trying to change any one’s religion or interfere with their cultural traditions, except to the extent we try to improve the lives of women and girls.

Warm Hearts Facts

- Diverse board of volunteers
- \$300K- 500K Annual Budget
- Donations are from private individuals, Rotary clubs and church groups.



More Warm Hearts Facts

The background of the slide is a collage of three images. On the left, a hand holds a vibrant, multi-colored beaded bracelet. In the center, a hand holds a white coffee cup with a brown sleeve. On the right, there is a stack of several colorful, knitted scarves in various patterns and colors like grey, orange, and black.

- Growing vertically instead of horizontally
- Travel opportunities
- First rate financial team
- Lots of volunteer opportunities



Partnerships & Collaborations

- **MALAWI:**

- Imaging the World (Maternal Health)
- Rotary Clubs (Bicycles)
- Girl Guides (Feminine Supplies)
- Sewing School at the Malawi Childrens' Village (Feminine Supplies)
- Basic Dignities (Girls' scholarships)

- **KENYA:**

- Centofarfalla in Italy (Kwa Watoto School funding program)
- Passion to Share Foundation (Job skills training center for girls)

Current Projects

HEALTH





Partnership

- Malawi has one of highest maternal mortality in world (350 deaths/100,000 live births)
 - The UN Guideline for Sustainable Development is 70/100,000.
 - In the USA it is 32.9/100,000 (2021) – Also could be better
- Over 90% of these deaths can be avoided with proper medical imaging during pregnancy
- ITW's scans result in treatment modifications for 25 – 30% of the patients scanned.
- Now operating in 6 Class-3 health center sites. (Rural areas around Mangochi and Blantyre)
- Over **7500** women served in 2024!
- Potential collaboration opportunities in discussion with Partners in Health, and Islamic Health Assoc of Malawi

6.	Laboratory services	Investigation/test request form Self referral payment	Nil Nil	30 min-5hrs 30 min-5hrs
7.	X-ray services	Request form	Nil	10 -30 min.
8.	Admissions:			
	• Emergency	- Patient's file and card	Nil	15-25 min.
	• Non-emergency	- Patient's file and card - Referral letter	Nil	15-25 min.
		- Referral from	Nil	
9.	Surge			
	• Emergency	(and card)	Nil	15-25 min.
	• Non-emergency	(and card) - Referral letter	Nil	15-25 min.





Deep Water Wells

- Clean water is the basic building block for most everything else we do in Malawi
- 417 new or refurbished wells so far in our 25-year history
- Matching funds available for donations

EDUCATION





Daisy School

- Located in poor rural area near Kakamega Kenya
- Celebrated its 10th anniversary in 2023
- Pre-K to Grade 9.
- Now the highest-ranking school in its area

Daisy then and now



Kwa Watoto School

- In Soweto slum of Nairobi Kenya
- Warm Heart's first school project over 25 years ago.
- Also an Orphanage
 - 30 girls in the original WH House
 - 30 boys in the Lambert House
- Centofarfalle in Italy also a major contributor
- WH provides
 - Food for WH and Lambert Houses
 - Daily lunch for the entire school (about 800 students)



WARM

HEART S

HOUSE

L \$ M



Passion to Share Foundation Skills Training Center

- 6-month courses in garment design and tailoring, computer graphic design, hairdressing and cosmetology
- for young women living in the Kibera Slum of Nairobi
- Just graduated 8th cohort of 28 girls
- Long waiting list!



**Lydia Onyango,
Founder of PSF**
(grew up in WH
orphanage)





**DRESS
DESIGNED AND SEWN
BY A
PASSION TO SHARE
STUDENT**

Lydia speaking at a UN Conference on Women NYC March 2024



Classroom construction

- In our 25-year history we have built 28 classrooms at 9 schools in Malawi, benefitting over 13,000 students
- We also provide desks, some textbooks and libraries.
- The Mama Myriam primary school at Kazembe is the most recent, opening September 2023.
 - Also provided a well, lavatories, and now a girls' changing room



~~“KEEPING GIRLS IN SCHOOL”~~

PROJECTS

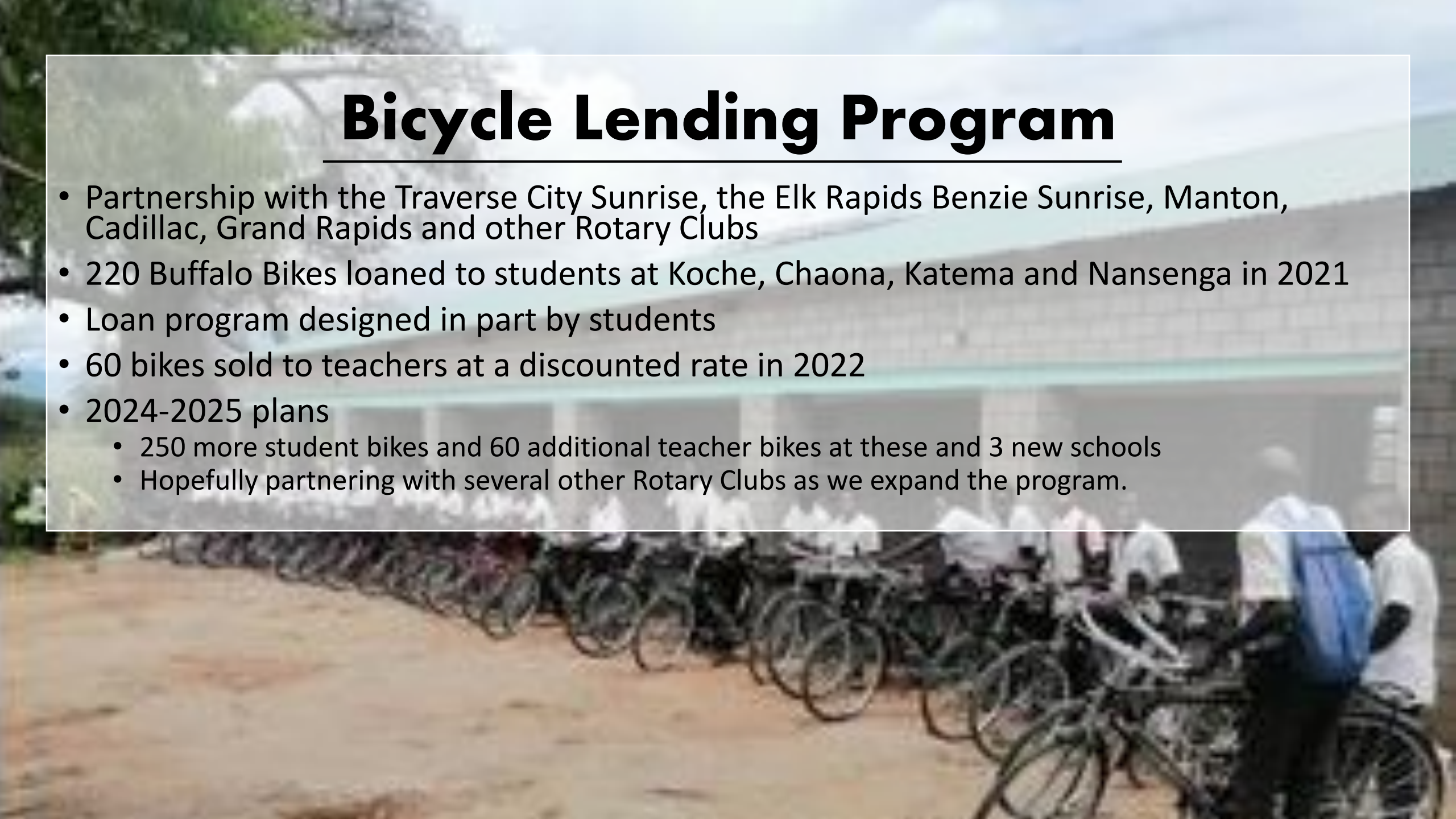


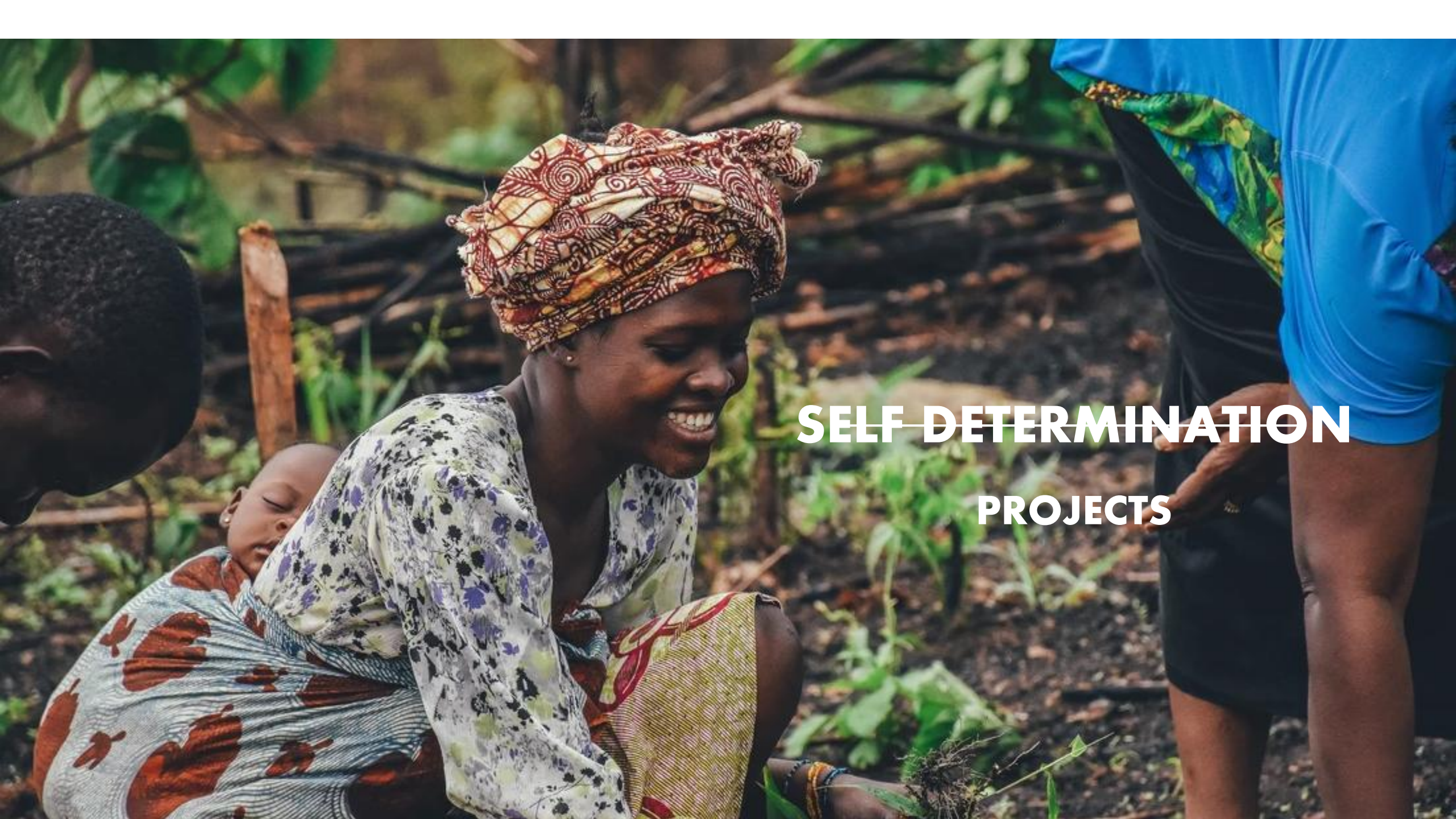
FEMININE SUPPLIES

- 2000 washable kits at 15 schools so far
- 800 more planned for 2025
- Malawi Children's Village Sewing School now making them for us
- Girl Guides of Malawi distributing them for us, along with their excellent training and sex-education

Bicycle Lending Program

- Partnership with the Traverse City Sunrise, the Elk Rapids Benzie Sunrise, Manton, Cadillac, Grand Rapids and other Rotary Clubs
- 220 Buffalo Bikes loaned to students at Koche, Chaona, Katema and Nansenga in 2021
- Loan program designed in part by students
- 60 bikes sold to teachers at a discounted rate in 2022
- 2024-2025 plans
 - 250 more student bikes and 60 additional teacher bikes at these and 3 new schools
 - Hopefully partnering with several other Rotary Clubs as we expand the program.





**SELF-DETERMINATION
PROJECTS**

Irrigated Fields in Malawi

- Solar systems installed at Kwitambo and Nbawa Village farms
- A large solar system installed at Laini Village Farm in 2023
- Rehabilitation of two large systems at Issah Mponda and M'Bawa farms in 2024
- Plans to expand into northern Malawi in 2025



Laini Solar System recently completed



GOATS!

- 2100 goats, at 14 rural villages helping 900 people.
- Produces meat and milk, manure for gardens and money for unexpected needs.



Emergency Appeals

COVID Pandemic relief
Cyclone Freddie relief





Warm Hearts Kids (and friends)
all grown up and on their own!

Martin Benard Lydiah Monicah Elizabeth Naomi Sheila Sharon Brian John K Faith Lilian, and several others



So many GREAT Stories!

- Rotary International magazine article about our bike project
- Girl Guides partnership on our feminine supplies project
- USAID partnership in the works
- 410 water wells and counting
- Imaging the World saving mothers' lives
- Etc., Etc.



2025 Expedition

- June 14 - 28 building project at the Kwa Watoto School in Nairobi

Suggestions for 2025 involvement

- Partnering with us and the Traverse City Sunrise Rotary Club on an expansion of the bike project – (M)
 - Any amount up to \$5K could be eligible for a “District” match.
- Providing funds toward our feminine supplies program and helping monitor the project - \$11.50/kit (M)
- Providing funds for a water well refurbishment - \$600 (matched funds) (M)
- Helping sell products produced at the PSF skills training center for young women in Kibera slum - \$2000 (K)
- Providing funds for food program at the Kwa Watoto School (K)
- Sponsoring deserving students at the Daisy School (K)
- Providing funds for a goat lending program at a new village - \$2500 (M)
- Helping with a new solar irrigation system in Northern Malawi - \$20,000 total cost (M)



THANK "U"
WHF !!

NAUTICA
EST. 1983 USA
MARITIME TRAVEL
GOODS

